Jesus Christ, and of all the saints. Amen.

Hymns to the Mother of God
To you, the champion leader, we your servants ascribe thank-offerings of victory. For you have delivered us from terrors, O Theotokos; but as you have power which is invincible, from all dangers set us free, that we may cry out to you: Rejoice, O bride without bridegroom!

Most glorious, ever-virgin, blessed Mother of Christ our God, present our prayer to your Son and our God, and pray that through you He may save our souls. I put my hope in you, O Theotokos. Keep me under your protection.

O Virgin Mother of God the Word, do not despise me, a sinner, needing your help and protection, and have mercy on me, for my soul hopes in you. (Go to Devotions on p. 27.)

Friday:
Prayer to our Lord Jesus Christ
O Lord Jesus Christ, Son of God, for the sake of Your most honorable Mother, Your bodiless angels, Your prophet and forerunner and baptizer John, all the God-inspired apostles, the radiant and victorious martyrs, the holy and God-bearing Fathers, and by the prayers of all the saints, deliver me from the besetting presence of the devil. My Lord and creator, You do not desire the death of the sinner but that he should be converted and live, grant also conversion to me, wretched and unworthy; snatch me from the jaws of the pernicious serpent, who is ravening to devour me and drag me down to hell alive. My Lord, my comfort, You Who were clothed in corruptible flesh for my miserable sake, deliver me from misery and grant comfort to my miserable soul. Implant in my heart to fulfill Your commandments, to forsake my evil deeds, and to receive Your joys. Save me, for I hope in You, O Lord. Amen.

Prayer of Intercession to the Most Holy Theotokos
O good Mother of the good King, most pure and blessed Virgin Mary, pour out the mercy of your Son and our God on my passionate soul and guide me in good works by your prayers, that I may pass the rest of my life without defilement and find paradise through you, O Virgin Mother of Christ our God, who alone are pure and blessed.

Devotions on p. 27.]

Thursday:
Prayer of St. John Chrysostom
(These supplicative prayers correspond to the 24 hours of the day.)

Day
Lord, do not deprive me of Your heavenly joys.
Lord, deliver me from eternal torments.
Lord, if I have sinned in mind or thought, in word or deed, forgive me.
Lord, deliver me from all ignorance, forgetfulness, cowardice, and stony insensibility.
Lord, deliver me from every temptation.
Lord, enlighten my heart, which evil desires have darkened.
Lord, I, being human, have sinned; but You, being the generous God, have mercy on me, knowing the sickness of my soul.
Lord, send Your grace to my help so that I may glorify Your holy name.
Lord Jesus Christ, write me, Your servant, in the book of life and grant me a good end.
Lord my God, even though I have done nothing good in Your sight, yet grant me by Your grace to make a good start.
Lord, sprinkle into my heart the dew of Your grace.
Lord of heaven and earth, remember me, Your sinful servant, shameful and unclean, in Your kingdom. Amen.

Night
Lord, accept me in penitence.
Lord, do not leave me.
Lord, do not lead me into temptation.
Lord, grant me good thoughts.
Lord, grant me tears and remembrance of death and compunction.
Lord, grant me the thought of confessing my sins.
Lord, grant me humility, chastity, and obedience.
Lord, grant me patience, courage and meekness.
Lord, plant in me the root of all blessings, the fear of You in my heart.
Lord, grant me to love You with all my mind and soul, and always do Your will.
Lord, protect me from certain people and demons and passions and from every other harmful thing.
Lord, You know that You act as You will; may Your will also be done in me, a sinner, for blessed are You forever. Amen.

Prayer of Intercession to Your Guardian Angel
O angel of Christ, my holy guardian and protector of my soul and body, forgive me all my sins of today. Deliver me from all the wiles of the enemy, that I may not anger my God by any sin. Pray for me, a sinful and unworthy servant, that You may present me worthy of the kindness and mercy of the all-holy Trinity and the Mother of my Lord