Jesus Christ, and of all the saints. Amen.

Hymns to the Mother of God

To you, the champion leader, we your servants ascribe thank-offerings of victory. For you have delivered us from terrors, O Theotokos; but as you have power which is invincible, from all dangers set us free, that we may cry out to you: Rejoice, O bride without bridegroom!

Most glorious, ever-virgin, blessed Mother of Christ our God, present our prayer to your Son and our God, and pray that through you He may save our souls. I put my hope in you, O Theotokos. Keep me under your protection.

O Virgin Mother of God the Word, do not despise me, a sinner, needing your help and protection, and have mercy on me, for my soul hopes in you. (Go to Devotions on p. 27.)

Friday:

Prayer to our Lord Jesus Christ

O Lord Jesus Christ, Son of God, for the sake of Your most honorable Mother, Your bodiless angels, Your prophet and forerunner and baptizer John, all the God-inspired apostles, the radiant and victorious martyrs, the holy and God-bearing Fathers, and by the prayers of all the saints, deliver me from the besetting presence of the devil. My Lord and creator, You do not desire the death of the sinner but that he should be converted and live, grant also conversion to me, wretched and unworthy; snatch me from the jaws of the pernicious serpent, who is ravening to drag me down to hell alive and devour me. My Lord, my comfort, You Who were clothed in corruptible flesh for my miserable sake, deliver me from misery and grant comfort to my miserable soul. Implant in my heart to fulfill Your commandments, to forsake my evil deeds, and to receive Your joys. Save me, for I hope in You, O Lord. Amen.

Prayer of Intercession to the Most Holy Theotokos

O good Mother of the good King, most pure and blessed Virgin Mary, pour out the mercy of your Son and our God on my passionate soul and guide me in good works by your prayers, that I may pass the rest of my life without defilement and find paradise through you, O Virgin Mother of Christ our God, who alone are pure and blessed.

The Great Doxology

(†) Glory to You, Who have shown us the light! Glory be to God on high, and on earth peace, good will among men.

We praise You, we bless You, we worship You, we glorify You, we give thanks to You for Your great glory.

O Lord, heavenly king, God (†) the Father almighty: O Lord, the only-begotten Son, Jesus Christ, and the Holy Spirit.

O Lord God, Lamb of God, Son of the Father, Who take away the sin of the world, have mercy on us, You Who take away the sins of the world.

Receive our prayer, You Who sit at the right hand of the Father, have mercy on us.

For You only are holy, You only are the Lord, O Jesus Christ, to the glory of God the Father. Amen.

Every day will I bless You, and I will praise Your name forever; yes, forever and ever.

Grant us, O Lord, to be kept this day without sin.

Blessed are You, O Lord God of our Fathers, and praised and glorified be Your name forever. Amen.

Let Your mercy, O Lord, be upon us, as we do put our hope in You.

Blessed are You, O Lord, teach me Your statutes. (3x)

Lord, You have been our refuge in all generations. I said: Be merciful unto me; heal my soul, for I have sinned against You.

Lord, I have fled unto You; teach me to do Your will, for You are my God.

For with You is the fountain of life; in Your light shall we see light.

O continue Your loving-kindness unto them that know You.

(†) Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3x, bowing)

(†) Glory to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages. Amen.
Holy Immortal, have mercy on us.

(†) Holy God, Holy Mighty, Holy Immortal, have mercy on us. (bow)

Then, if the tone of the day is 1, 2, 3, or 4:
Today is salvation come unto the world. Let us sing praises to Him Who arose from the grave, the author of our life. For having by death destroyed death, He has given us victory and great mercy.

Or, if the tone of the day is 5, 6, 7, or 8:
Having risen from the tomb and having burst the bonds of hades, You have loosened the condemnation of death, O Lord, releasing all mankind from the snares of the enemy. Having manifested Yourself to Your apostles, You have sent them forth to proclaim You, and through them You have granted Your peace unto the civilized world, O You Who alone are plenteous of mercy.

(Here you may add your own private devotions and intercessions, using your own words. Then depart in peace to the church to sanctify the Lord’s Day through participation in the Divine Liturgy.)

WEEKDAY MORNING PRAYERS

(Go to the current day of the week below.)

Monday

First Prayer of St. Macarius the Great

O God, cleanse me, a sinner, for I have so often sinned in Your sight. Deliver me from the evil one, and may Your will in me be to open my unworthy mouth without condemnation and praise Your holy name, of the (†) Father, and of the Son, and of the Holy Spirit; now and ever, and unto ages of ages. Amen.

Second Prayer of St. Macarius the Great

Having risen from sleep, I offer You, O Savior, the midnight song, and I fall down and cry unto You: do not let me fall asleep in the death of sin, but have compassion on me, O You Who were voluntarily crucified, and come quickly to raise me who am prostrate in idleness, and save me in prayer and intercession, and after the night’s sleep, bless me with a sinless day, O Christ our God, and save me. (Go to Intercession on p. 11.)

Thursday:

Prayer of St. John Chrysostom

(These supplicatory prayers correspond to the 24 hours of the day.)

Day

Lord, do not deprive me of Your heavenly joys.
Lord, deliver me from eternal torments.
Lord, if I have sinned in mind or thought, in word or deed, forgive me.
Lord, deliver me from all ignorance, forgetfulness, cowardice, and stony insensibility.
Lord, deliver me from every temptation.
Lord, enlighten my heart, which evil desires have darkened.
Lord, I, being human, have sinned; but You, being the generous God, have mercy on me, knowing the sickness of my soul.
Lord, send Your grace to my help so that I may glorify Your holy name.
Lord Jesus Christ, write me, Your servant, in the book of life and grant me a good end.
Lord my God, even though I have done so little good in Your sight, yet grant me by Your grace to make a fresh start.
Lord, sprinkle into my heart the dew of Your grace.
Lord of heaven and earth, remember me, Your sinful servant, shameful and unclean, in Your kingdom. Amen.

Night

Lord, accept me in penitence.
Lord, do not leave me.
Lord, do not lead me into temptation.
Lord, grant me good thoughts.
Lord, grant me tears and remembrance of death and compunction.
Lord, grant me the thought of confessing my sins.
Lord, grant me humility, chastity, and obedience.
Lord, grant me patience, courage and meekness.
Lord, plant in me the root of all blessings, the fear of You in my heart.
Lord, grant me to love You with all my mind and soul, and always do Your will.
Lord, protect me from certain people and demons and passions and from every other harmful thing.
Lord, You know that You act as You will; may Your will also be done in me, a sinner, for blessed are You forever. Amen.

Prayer of Intercession to Your Guardian Angel

O angel of Christ, my holy guardian and protector of my soul and body, forgive me all my sins of today. Deliver me from all the wiles of the enemy, that I may not anger my God by any sin. Pray for me, a sinful and unworthy servant, that You may present me worthy of the Lord